

AGGRESSION REPLACEMENT TRAINING STEPS FOR MORAL REASONING SESSIONS

Step 1: Prior to the session, construct table of each student's response for each question.

Step 2: Ask group to review the ground rules concerning listening, confidentiality, etc.

Step 3: Introduce the Problem Situation

1. Ask group to describe the ground rules for the session.
2. Ask group to describe what the problem is and why it is a problem.
(Who can tell the group just what the problem is and why is it a problem?)
3. Ask group to describe their experience with the same or a similar problem situation they have experienced.
(Who has been in a situation like this? Tell the Group about it.)

Step 4: Cultivate Mature Morality

1. Display table of student responses for the group to see.
2. Ask all youth who provided a more mature moral response to explain their reasoning.
3. Find some constructive value in every serious group member's comments
4. Write on a on easel pad or chalkboard a re-statement of the reason given that is slightly re-framed to reflect a higher moral stage.
 1. Strongly support, re-label and reinforce higher moral reasoning. *("Yes, it does take guts to do the right thing.")*
5. After all higher moral reasons are listed, then more quickly list the reasons for less the morally mature responses.

Step 5: Remediate Moral Development Delay

1. Ask more group members who gave a mature reason (Step 2) to challenge the reasoning of a less morally mature member.
2. Whenever possible ask questions that challenge a less mature moral reason.
(What would the world be like if everybody did that? How would you feel if it were you?)

Step 6: Consolidate Mature Morality

1. Make positive decisions and mature reasons unanimous for the group
(Are there any strong objections if I circle that decision as the group decision and underline that reason as the group's number one reason?)
2. Praise the group for its positive decisions and mature reasons
(I'm really pleased that the group is able to make so many good, strong decisions and back them up with good, strong reasons. Would the group like to tape this sheet onto the wall?)